

# Review On Interoperability In FHIR Systems: Challenges, Methods, And Solutions

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**Abstract-** This paper provides a comprehensive review of the current state of interoperability in Fast Healthcare Interoperability Resources (FHIR) systems, delving into the challenges encountered by various FHIR versions, resources, and profiles. The analysis encompasses existing methods and criteria for achieving interoperability, as well as the gaps present in today's tooling. The review further proposes potential solutions to improve compatibility within FHIR systems. A key emphasis is placed on the significance of incorporating human input when determining catchments, along with the prospective utilization of FHIRPath expressions, catchment profiles, or query strings for developing computable catchments in future implementations. By examining the current landscape of FHIR systems, the paper aims to offer valuable insights and guidance for enhancing interoperability and addressing critical challenges in the field.

## I. INTRODUCTION

### A. Background of FHIR systems

Fast Healthcare Interoperability Resources (FHIR) is an innovative, web-based standard pioneered by HL7 International for the exchange of healthcare information. Developed in response to the limitations of previous healthcare data exchange standards, FHIR aims to facilitate seamless sharing of health-care data among various healthcare providers and systems. Its flexible and extensible design addresses the complexities of healthcare data structures by utilizing resources that represent specific clinical concepts, allowing for the efficient exchange of diverse healthcare data types, such as numbers, raw text, images, and 3D scans [1].

FHIR's modular approach ensures that it can be adapted to various use cases and healthcare settings, promoting better interoperability and data exchange among healthcare organizations. By leveraging resources in a modular manner, FHIR can fulfill a broad range of healthcare-related needs, including both clinical and administrative tasks [2].

As a next-generation standard, FHIR has become a crucial component in the modern healthcare landscape, paving the way for improved patient care and more efficient healthcare systems. Its rapid adoption worldwide can be

attributed to its ability to handle diverse healthcare data formats and ensure that healthcare information remains consistent and easily exchangeable, regardless of its inherent diversity [3].

### B. The need for interoperability in healthcare systems

The increasing demand for accurate and efficient healthcare services highlights the importance of effective communication among diverse healthcare systems. Interoperability plays a critical role in delivering coordinated patient care, enabling data sharing, and supporting informed decision-making processes. Achieving interoperability allows healthcare providers to access and use patient information, regardless of the system in which it is stored, ultimately leading to improved patient outcomes and cost reductions [4].

The need for interoperability in healthcare systems is more pressing than ever due to the rising prevalence of chronic diseases, aging populations, and the growing complexity of healthcare services. Inefficient data exchange can lead to delayed diagnoses, increased risk of medical errors, and higher healthcare costs. By promoting interoperability, healthcare providers can ensure that critical patient information is readily available, enhancing the quality of care and patient safety [5]. Interoperability also facilitates data sharing among health-care providers, researchers, and public health organizations, enabling better coordination of care and more effective responses to public health crises. Moreover, improved data sharing allows healthcare professionals to leverage advanced analytics and artificial intelligence technologies to gain valuable insights, optimize treatment plans, and drive innovation in healthcare [6].

In summary, FHIR has emerged as a game-changing solution to address the need for interoperability in healthcare systems. By providing a flexible, extensible, and resource-based standard, FHIR enables the seamless exchange of health-care information, which is crucial for delivering coordinated patient care, improving clinical decision-making, and reducing healthcare costs.

### C. Objective of the review

The objective of this review is to provide a comprehensive analysis of the current state of interoperability in Fast Health-care Interoperability Resources (FHIR) systems. This includes discussing the challenges faced by different FHIR versions, resources, and profiles, as well as examining existing methods and criteria for achieving interoperability. Additionally, the review aims to identify gaps in the current tooling and explore potential solutions to enhance compatibility within FHIR systems. By offering a thorough understanding of the challenges and possible solutions related to interoperability, this review intends to inform future research and development in FHIR systems and healthcare data exchange.

## II. FHIR VERSION COMPATIBILITY

### A. Backward and forward compatibility

Backward and forward compatibility are crucial aspects of FHIR systems to ensure the seamless exchange of healthcare information across different versions. Backward compatibility allows newer FHIR systems to interpret and use data from older versions, whereas forward compatibility enables older systems to understand and process data from newer versions. Ensuring compatibility across various FHIR versions is vital for maintaining interoperability and efficient communication among healthcare providers and systems [5].

However, achieving backward and forward compatibility can be challenging due to the evolving nature of healthcare data structures and the continuous updates in FHIR standards. As new versions are released, they introduce modifications that may not be compatible with previous versions, leading to potential communication barriers between healthcare systems. To address these compatibility issues, FHIR employs a rigorous process of managing version updates, ensuring that new features are carefully evaluated and integrated without compromising the functionality of existing systems. This includes adhering to strict guidelines for versioning and maintaining clear documentation of changes between versions [7].

Despite these efforts, some compatibility challenges may still arise. For example, deprecated or altered resources between versions can result in inconsistencies or loss of data when exchanging information between systems using different FHIR versions. To mitigate these issues, healthcare organizations should implement strategies for managing data conversion and migration when transitioning between FHIR versions. This could involve using standardized mapping tools and processes, as well as thorough testing and validation to ensure data integrity and consistency [8].

In conclusion, achieving interoperability in FHIR systems is a complex endeavor that requires addressing various challenges related to FHIR versions, resources, and profiles. By understanding the current state of FHIR interoperability and exploring potential solutions, this review aims to inform and guide future research and development efforts in healthcare data exchange, ultimately contributing to improved patient care and outcomes.

### B. Challenges in version compatibility

Maintaining compatibility across different FHIR versions is crucial for seamless data exchange; however, several challenges persist. One challenge is changes in resource structures, which can occur when FHIR versions introduce new resources, modify existing ones, or deprecate older resources. These changes may cause difficulties when attempting to map data between different versions [4].

Another challenge is terminology updates, as FHIR relies heavily on standardized terminologies to represent clinical concepts. Changes to these terminologies, such as the addition or removal of codes, can affect the compatibility between FHIR versions [5].

Alterations in data models or validation rules between FHIR versions can also create compatibility issues. These changes may introduce new constraints or modify existing ones, potentially causing discrepancies, misinterpretations, or data loss during the exchange process [6].

### C. Potential solutions for version compatibility

To address version compatibility challenges, several potential solutions can be explored. First, implementing strict guidelines for version updates can help ensure that changes are carefully considered and minimize compatibility issues [4].

Utilizing automated tools to detect and resolve compatibility issues can also be beneficial. These tools can help identify discrepancies between versions and suggest solutions to maintain compatibility [5].

Adopting standardized data transformation techniques can ease the process of mapping data between different FHIR versions, ensuring that information is accurately represented and reducing the risk of data loss [6].

Lastly, fostering collaboration among FHIR developers, healthcare providers, and the wider healthcare community can lead to more effective identification and

resolution of compatibility challenges. By actively participating in the development process and sharing knowledge and experiences, stakeholders can contribute to the continued advancement of interoperability in healthcare and the enhancement of patient care overall [7].

### III. FHIR RESOURCES AND PROFILES

#### A. Role of resources and profiles in FHIR systems

Fast Healthcare Interoperability Resources (FHIR) systems rely on resources and profiles to define the structure, functionality, and constraints for exchanging healthcare information. Resources, the fundamental building blocks of FHIR, represent individual data elements such as patients, practitioners, or medications [1]. Profiles, conversely, describe specific use cases and constraints on resources, ensuring that data exchanged between different systems remains consistent and accurate [2].

#### B. Challenges in resource and profile compatibility

Ensuring resource and profile compatibility is essential for achieving interoperability within FHIR systems. However, compatibility challenges may arise when different systems employ custom profiles, potentially leading to discrepancies or misinterpretations of data. This can hinder seamless information exchange and compromise the efficiency of healthcare systems. Additionally, as FHIR continues to evolve and introduce new resources or profiles, the task of maintaining compatibility across a diverse range of systems grows more complex. Healthcare organizations must be vigilant in keeping up with the latest FHIR updates and implementing appropriate measures to maintain compatibility. Addressing these challenges is crucial for preserving interoperability and ensuring that FHIR systems can effectively support the exchange of vital healthcare information, ultimately contributing to improved patient care and outcomes.

#### C. Intersection profiles and catchments

Intersection profiles and catchments are valuable methods for improving resource and profile compatibility within FHIR systems. Intersection profiles outline shared aspects among multiple profiles, enabling the exchange of information while adhering to common constraints. This approach helps ensure data consistency and compatibility across diverse systems. Catchments, on the other hand, represent logical groupings of resources that streamline the process of identifying and aligning related data elements within a particular context. By utilizing catchments, healthcare

organizations can better manage and organize their data, enhancing the interoperability of their FHIR systems. In summary, intersection profiles and catchments offer effective ways to address compatibility challenges in FHIR systems, promoting seamless information exchange and improved patient care outcomes.

#### D. Current methods for aligning profiles and catchments.

Various methods have been proposed to align profiles and catchments in FHIR systems. These methods include manually mapping resources and profiles, using automated tools to detect and resolve discrepancies, and incorporating human input for determining catchments [2]. Moreover, FHIRPath expressions, catchment profiles, or query strings can be employed to define computable catchments, further enhancing compatibility and interoperability in FHIR systems [5]. By understanding and addressing these challenges, FHIR systems can continue to improve interoperability in healthcare, ultimately enhancing the overall quality of patient care. Collaboration among FHIR developers, healthcare providers, and the broader healthcare community is essential to identify and resolve compatibility challenges effectively. By sharing experiences, lessons learned, and best practices, stakeholders can contribute to the ongoing development and refinement of FHIR systems, ensuring that they remain adaptable, efficient, and interoperable. This collaborative approach can help mitigate the challenges associated with resource and profile compatibility and promote the successful implementation of FHIR systems across diverse healthcare environments.

### IV. ANALYZING INTEROPERABILITY

#### A. Manual alignment of profiles according to catchments

Manually aligning profiles according to catchments is a common approach to analyzing interoperability in FHIR systems. This process involves identifying relevant catchments, examining the constraints and requirements of each profile, and mapping them to ensure compatibility [13]. While manual alignment offers a high degree of control, it can be time-consuming, error-prone, and difficult to scale as the complexity of FHIR systems increases [12].

#### B. Automation in analyzing interoperability.

Automated tools and techniques have been introduced to streamline the process of analyzing interoperability in FHIR systems. These tools can help identify discrepancies, detect potential compatibility issues, and even suggest possible solutions [9]. Automation can significantly reduce the effort and time required for aligning profiles and

catchments, allowing healthcare organizations to focus on other critical aspects of their operations [11].

### C. Limitations in existing tooling

Despite the advantages of automation, there are limitations in the existing tooling for analyzing interoperability in FHIR systems. Some tools may not cover all aspects of FHIR, while others may not be up to date with the latest specifications or best practices [13]. Additionally, automated tools may lack the ability to understand the nuances and complexities of specific healthcare scenarios or contexts, necessitating human input and expertise [10]. As FHIR continues to evolve, there is a need for ongoing development and improvement of tooling to enhance the analysis of interoperability and ensure seamless information exchange between healthcare systems [13].

Efforts to improve existing tooling and develop new tools that address the limitations of current solutions are crucial for the successful implementation of FHIR systems across diverse healthcare environments. Collaboration among FHIR developers, healthcare providers, and the wider healthcare community can facilitate the identification and resolution of interoperability challenges more effectively, leading to improved patient care and data analysis. By embracing potential solutions, FHIR systems can continue to advance interoperability in healthcare and enhance the overall quality of patient care [11].

## V. POTENTIAL SOLUTIONS FOR ENHANCED COMPATABILITY

### A. Potential solutions for version compatibility

FHIR Path expressions can play a crucial role in enhancing compatibility within FHIR systems. These expressions are a domain-specific language for navigating and querying FHIR resources, allowing developers to efficiently locate and manipulate data within complex healthcare systems [14]. By using FHIRPath expressions, healthcare organizations can create more precise and adaptable interoperability rules, improving the alignment of profiles and catchments. FHIRPath expressions can also help streamline the process of testing and validating FHIR implementations, contributing to overall system quality and reliability [15].

### B. Catchment profiles

Catchment profiles are another potential solution for enhancing compatibility within FHIR systems. These profiles define specific subsets of resources, focusing on the essential

data elements needed to address healthcare scenarios or use cases [16]. By creating and implementing catchment profiles, organizations can ensure that their FHIR systems are tailored to their unique requirements, thus promoting a higher degree of interoperability. Catchment profiles can also be shared and reused by other organizations, fostering collaboration and the development of best practices within the healthcare community [17]. As FHIR systems continue to evolve, catchment profiles offer a flexible and scalable approach to achieving enhanced compatibility and more efficient information exchange between healthcare systems.

### C. Query strings

Query strings can be instrumental in improving compatibility within FHIR systems. They allow for the specification of search parameters that filter and return a precise set of resources based on specific criteria [18]. By leveraging query strings, healthcare organizations can more efficiently access relevant data within their FHIR systems, enhancing interoperability across different platforms. Moreover, the use of query strings helps streamline the process of information exchange and reduces the complexity of data retrieval, ultimately improving the overall efficiency of healthcare systems [19].

### D. Future directions in FHIR compatibility

As FHIR systems continue to evolve and expand, new strategies and technologies will emerge to address the ongoing challenges of compatibility and interoperability. Some potential future directions may include more advanced machine learning and artificial intelligence techniques to automate the process of aligning profiles, resources, and catchments [20]. These technologies could enable healthcare organizations to identify patterns and trends in their data, leading to improved decision-making and more targeted interventions. Additionally, the continued development of global FHIR standards and best practices will contribute to the establishment of a robust ecosystem that supports seamless information exchange between healthcare systems [21]. By staying informed of these emerging trends and adopting the most effective solutions, healthcare organizations can ensure that their FHIR systems remain compatible and interoperable, ultimately enhancing patient care and outcomes.

## VI. CONCLUSION

### A. Summary of the review

This comprehensive review delved into the present state of interoperability within Fast Healthcare Interoperability Resources (FHIR) systems. It analyzed the challenges encountered by varying FHIR versions, resources, and profiles. The focus of the review was on the existing methodologies and criteria utilized to achieve interoperability, identifying shortcomings in the current tooling, and exploring potential solutions that can bolster compatibility in FHIR systems.

### B. Implications for FHIR systems

The results of this review offer several important implications for FHIR systems. By addressing the challenges associated with version compatibility, resource and profile compatibility, and scrutinizing interoperability, healthcare organizations have the opportunity to enhance their FHIR systems and facilitate seamless data exchange. Various potential solutions were discussed in the review, such as the use of FHIRPath expressions, catchment profiles, and query strings. These solutions can play a significant role in improving compatibility and fostering more efficient healthcare information exchange.

Furthermore, the review emphasized the importance of identifying and addressing the gaps in the current tooling to ensure the efficient and effective use of FHIR systems. The adoption of new and innovative approaches to address these gaps can lead to significant improvements in healthcare information exchange, ultimately benefiting patient care and outcomes.

### C. Future research directions

As FHIR systems continue to evolve, it is crucial for future research to persistently investigate emerging technologies and strategies that can enhance FHIR compatibility and interoperability. Some potential areas of exploration include machine learning, artificial intelligence, and the development of global FHIR standards. By incorporating these advancements into the FHIR systems, healthcare organizations can ensure their information exchange processes remain efficient and effective.

Moreover, the continuous refinement and updating of FHIR systems in response to technological advancements can help healthcare organizations stay ahead of the curve and adapt to the rapidly changing landscape of healthcare information exchange. Collaboration among stakeholders, including FHIR developers, healthcare providers, and the broader healthcare community, is essential to identify and address interoperability challenges more effectively.

In summary, this review highlights the importance of understanding the current state of interoperability in FHIR systems, addressing existing challenges, and exploring potential solutions to enhance compatibility. Future research should continue to focus on emerging technologies and strategies, fostering collaboration, and driving the adoption of best practices to ensure the ongoing improvement of FHIR systems, ultimately leading to better patient care and outcomes.

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