

# Advancements In LC-MS/MS Methodology For Dapagliflozin Quantification In Human Plasma: A Comprehensive Review

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**Abstract-** This review article comprehensively examines the bioanalytical method development of Dapagliflozin from human plasma using LC-MS/MS (liquid chromatography-tandem mass spectrometry). Dapagliflozin, a sodium-glucose cotransporter 2 (SGLT2) inhibitor, holds significant therapeutic potential in managing type 2 diabetes mellitus. The bioanalysis of Dapagliflozin in human plasma is crucial for pharmacokinetic studies and therapeutic drug monitoring. The review discusses various aspects of method development, including chromatographic conditions, sample preparation techniques, method validation parameters, and applications in clinical research. Special emphasis is placed on LC-MS/MS methodology, highlighting its sensitivity, specificity, and suitability for quantifying Dapagliflozin at low concentrations in human plasma. Comparative analyses with other analytical methods are also provided. Additionally, future directions in LC-MS/MS technology and the clinical relevance of Dapagliflozin quantification are discussed. This review aims to provide valuable insights into the bioanalytical method development of Dapagliflozin, offering guidance for researchers and clinicians in the field of diabetes management.

**Keywords-** Dapagliflozin, LC-MS/MS, Bioanalytical method development, Human plasma, Type 2 diabetes mellitus, Pharmacokinetics

## I. INTRODUCTION

Dapagliflozin is a medication used in the management of type 2 diabetes mellitus. It belongs to a class of drugs called sodium-glucose co-transporter 2 (SGLT2) inhibitors. Dapagliflozin works by inhibiting SGLT2 in the kidneys, thereby reducing glucose reabsorption and promoting the excretion of glucose through urine. This mechanism helps lower blood sugar levels in patients with type 2 diabetes.<sup>[1,2,3]</sup>

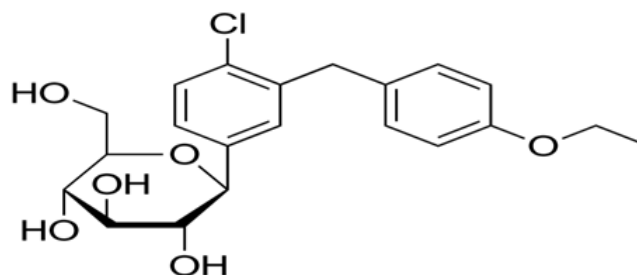


Figure No 1: Dapagliflozin

## Overview of Dapagliflozin:

Table No1: Overview of Dapagliflozin

Property	Description
Chemical Structure	(1S)-1,5-anhydro-1-[4-chloro-3-[[4-[[[(3S)-tetrahydro-3-furanyl]oxy]phenyl]methyl]phenyl]-D-glucitol
Molecular Formula	C <sub>21</sub> H <sub>25</sub> ClO <sub>6</sub>
Molecular Weight	Approximately 408.87 g/mol
Appearance	White to off-white crystalline powder
Solubility	Sparingly soluble in water
Stability	Stable under recommended storage conditions
Functional Groups	Chloro (Cl), furan, hydroxyl (OH), glucose moieties
Stereochemistry	Chiral compound with a single enantiomer, (1S)-dapagliflozin

## Pharmacological significance:

Table No 2: Pharmacological significance

Information	Details
Mechanism of Action	Dapagliflozin inhibits the SGLT2 transporter in the renal proximal tubules, leading to increased urinary glucose excretion and lowering blood glucose levels. <sup>[3,4,5]</sup>
Indications	Dapagliflozin is indicated as an adjunct to diet and exercise to improve glycemic control in adults with type 2 diabetes mellitus. It may be used alone or in combination with other antidiabetic medications. <sup>[1,6,7]</sup>
Dosage	The typical starting dose of dapagliflozin is 5 mg once daily, with or without food. The dose may be increased to 10 mg once daily if additional glycemic control is needed. <sup>[8,9,10]</sup>
Side Effects	Common side effects of dapagliflozin include genital mycotic infections, urinary tract infections, increased urination, and hypotension. Rare but serious side effects may include ketoacidosis, acute kidney injury, and necrotizing fasciitis of the perineum (Fournier's gangrene). <sup>[1,8,11]</sup>
Contraindications	Dapagliflozin is contraindicated in patients with a history of hypersensitivity to dapagliflozin, severe renal impairment, or end-stage renal disease requiring dialysis. <sup>[8,9,11]</sup>

## Role In The Management Of Type 2 Diabetes Mellitus:

Dapagliflozin plays a significant role in the management of type 2 diabetes mellitus (T2DM) by improving glycemic control and reducing cardiovascular risk factors.

- **Glycemic Control:** Dapagliflozin effectively lowers blood glucose levels by inhibiting the sodium-glucose cotransporter 2 (SGLT2) in the proximal tubules of the kidneys, thereby promoting the excretion of glucose in the urine. This mechanism of action reduces hyperglycemia and helps achieve glycemic targets in patients with T2DM.<sup>[12]</sup>
- **Cardiovascular Benefits:** Studies have shown that dapagliflozin provides cardiovascular benefits beyond glycemic control. It reduces the risk of heart failure, improves cardiovascular outcomes, and may lower the risk of cardiovascular mortality in patients with T2DM.<sup>[13]</sup>
- **Weight Loss:** Dapagliflozin is associated with weight loss due to its mechanism of action, which leads to calorie loss through urinary glucose excretion. This weight loss can be beneficial for patients with T2DM who are overweight or obese.<sup>[14]</sup>
- **Renal Protection:** Dapagliflozin has been shown to provide renal protection by reducing the risk of kidney disease progression and improving renal outcomes in patients with T2DM.<sup>[15]</sup>

#### Importance of Bioanalytical Methods:

Bioanalytical methods, especially liquid chromatography-tandem mass spectrometry (LC-MS/MS), play a crucial role in the quantification of Dapagliflozin from human plasma, which is vital for pharmacokinetic studies and therapeutic drug monitoring.

- **Precision and Sensitivity:** LC-MS/MS offers high precision and sensitivity, enabling the detection of Dapagliflozin at very low concentrations in human plasma. This is essential for accurately assessing the pharmacokinetics of the drug.<sup>[16]</sup>
- **Specificity:** The specificity of LC-MS/MS allows for the differentiation and quantification of Dapagliflozin even in the presence of other substances in the plasma. This specificity is crucial for accurate pharmacokinetic profiling.<sup>[17]</sup>
- **Rapid Analysis and High Throughput:** LC-MS/MS enables rapid analysis times, allowing for high-throughput screening. This efficiency is beneficial in large-scale studies and therapeutic drug monitoring where quick turnarounds are needed.<sup>[18]</sup>

- **Pharmacokinetic Studies:** Accurate quantification of Dapagliflozin is fundamental for pharmacokinetic studies, which determine the absorption, distribution, metabolism, and excretion (ADME) characteristics of the drug. LC-MS/MS data contributes to understanding the drug's pharmacokinetic profile, aiding in dose optimization.<sup>[19]</sup>
- **Therapeutic Drug Monitoring (TDM):** LC-MS/MS is essential for TDM of Dapagliflozin, especially in patients with comorbid conditions or those on multiple therapies. TDM helps in customizing dosages for optimal therapeutic effect while minimizing the risk of toxicity.<sup>[11]</sup>

#### LC-MS/MS Method Development:

Chromatographic separation of Dapagliflozin, particularly using LC-MS/MS, requires carefully optimized conditions to achieve high sensitivity, specificity, and throughput. The choice of chromatographic column, mobile phase composition, and gradient elution is critical for the effective separation of Dapagliflozin from plasma samples.<sup>[20,21]</sup>

#### Chromatographic Conditions:

##### 1. Chromatographic Column

- **Selection:** A C18 reverse-phase chromatographic column is commonly used due to its excellent ability to separate Dapagliflozin based on hydrophobic interactions. The C18 column provides a good balance between resolution and analysis time.
- **Example:** A column such as the Waters Acquity UPLC BEH C18, 1.7  $\mu\text{m}$ , 2.1 mm  $\times$  100 mm, is often selected for its high efficiency in separating small molecules like Dapagliflozin.<sup>[20,21]</sup>

##### 2. Mobile Phase Composition

- **Composition:** The mobile phase typically consists of a mixture of organic solvents and aqueous solutions. A common choice is a combination of acetonitrile or methanol with water, both containing 0.1% formic acid to enhance ionization of Dapagliflozin for mass spectrometric detection.
- **Example:** Acetonitrile (A) and 0.1% formic acid in water (B) can be used as mobile phases for gradient elution.<sup>[20,21]</sup>

##### 3. Gradient Elution

- **Elution Program:** Gradient elution is employed to ensure good separation of Dapagliflozin from endogenous plasma components and potential metabolites. The gradient usually starts with a higher percentage of aqueous phase to retain Dapagliflozin on the column and gradually increases the organic solvent's proportion to elute Dapagliflozin.
- **Example:** The gradient might start with 95% of 0.1% formic acid in water and 5% acetonitrile, increasing to 95% acetonitrile over a period, say 1.5 to 2.0 minutes, before returning to initial conditions to re-equilibrate the column.<sup>[20,21]</sup>
- **Quantifier and Qualifier Ions:** For the quantification of Dapagliflozin, selecting the most abundant and specific product ions is crucial. The precursor ion ( $[M+H]^+$ )  $m/z$  and the product ions  $m/z$  are selected based on the compound's fragmentation pattern.

a) **Example Transition:** For Dapagliflozin, the precursor ion might be at  $m/z$  462 (corresponding to  $[M+H]^+$ ). Common product ions for quantification could be at  $m/z$  330 and 349, representing specific fragments of Dapagliflozin.<sup>[22,23,24]</sup>

### Mass Spectrometry Parameters:

Mass spectrometry (MS) plays a pivotal role in the bioanalytical quantification of Dapagliflozin, offering unmatched sensitivity and specificity. The settings for the mass spectrometer, including the ionization mode, ion source parameters, and MS/MS transitions, are critical for optimizing the detection and quantification of Dapagliflozin. Here's an overview of these parameters based on common practices in the field.<sup>[22,23,24]</sup>

#### 1. Ionization Mode

- **Electrospray Ionization (ESI)+:** Dapagliflozin is most commonly analyzed using positive ion mode electrospray ionization (ESI+) due to its better response and ionization efficiency. ESI+ facilitates the formation of  $[M+H]^+$  ions, enhancing the sensitivity of detection.<sup>[22,23,24]</sup>

#### 2. Ion Source Parameters

- **Source Temperature:** The source temperature is typically set to ensure optimal vaporization of the mobile phase without decomposing the analyte. For Dapagliflozin, a temperature around 300-500°C can be used.
- **Spray Voltage:** The spray voltage in ESI+ mode is usually set between 3,000 and 5,500 V to ensure efficient ionization of the compound.
- **Gas Flow:** Nitrogen is often used as the nebulizer and drying gas, with flow rates adjusted to ensure efficient desolvation and transport of the ions into the mass spectrometer. Flow rates are usually set around 30-50 L/min for the nebulizer and 600-1000 L/min for the drying gas.<sup>[22,23,24]</sup>

#### 3. MS/MS Transitions

#### 4. Collision Energy

- **Optimization:** Collision energy is finely tuned to achieve the best fragmentation of the precursor ion into the product ions. This parameter is often optimized during method development. For Dapagliflozin, collision energy in the range of 20-40 eV might be utilized, depending on the specific MS system and the fragmentation efficiency.<sup>[22,23,24]</sup>

### Sample Preparation Techniques

Proper collection and handling of human plasma samples are crucial to ensure sample integrity and minimize pre-analytical variability in bioanalytical studies. Below, I discuss the recommended procedures for plasma collection and handling,

#### Plasma Collection and Handling:

##### Plasma Collection:

**Sample Collection Time:** Collect plasma samples at specified time points according to the study protocol, considering factors such as drug absorption, distribution, metabolism, and elimination kinetics.<sup>[25]</sup>

**Anticoagulants:** Use appropriate anticoagulants such as ethylenediaminetetraacetic acid (EDTA), citrate, or heparin to prevent coagulation during sample collection. EDTA is commonly preferred for stability in drug analysis.<sup>[26]</sup>

**Collection Tubes:** Use sterile tubes designed for plasma collection to minimize contamination and ensure sample stability. Tubes should be labelled properly with subject identification, collection time, and any other relevant information.<sup>[27]</sup>

##### Plasma Handling:

**Centrifugation:** Centrifuge the collected blood samples immediately after collection to separate plasma from cellular components. Use appropriate centrifugation conditions (e.g., speed and duration) to ensure efficient separation without hemolysis.<sup>[28]</sup>

**Aliquoting:** Aliquot the plasma samples into labeled cryovials in appropriate volumes to prevent freeze-thaw cycles and minimize sample degradation. Store aliquots at recommended temperatures (-80°C) until analysis.<sup>[25]</sup>

**Transportation:** If samples need to be transported before storage, use validated shipping conditions such as dry ice or cold packs to maintain sample integrity during transit.<sup>[29]</sup>

### Sample Cleanup Methods:

#### Protein Precipitation:

Protein precipitation is a widely used technique for sample cleanup, particularly for small molecule extraction from plasma matrices. In this method, plasma proteins are precipitated out of solution, leaving behind the target analyte.

#### Procedure:

- Plasma samples are typically mixed with an organic solvent (e.g., acetonitrile or methanol) in a suitable ratio (usually 1:3 or 1:4 plasma to solvent).
- The mixture is then vortexed or shaken vigorously to ensure thorough mixing.
- After mixing, the sample is centrifuged to separate the precipitated proteins and other debris from the supernatant containing the analyte of interest.
- The supernatant is then collected and further processed for analysis, often by evaporating the organic solvent and reconstituting the residue in a suitable solvent for chromatographic analysis.<sup>[30]</sup>

#### Solid-Phase Extraction (SPE):

Solid-phase extraction is another common sample cleanup technique used for isolating and concentrating analytes from complex matrices like plasma. In SPE, a solid sorbent material is used to selectively retain the analyte while interfering compounds are washed away.

#### Procedure:

- Plasma samples are typically diluted with a suitable buffer to adjust the pH and ionic strength.

- The diluted sample is then loaded onto a solid-phase extraction cartridge containing the appropriate sorbent material (e.g., reversed-phase C18).
- After loading, the cartridge is washed with a series of solvents to remove matrix components while retaining the analyte of interest.
- Finally, the analyte is eluted from the cartridge using a solvent that disrupts the analyte-sorbent interactions, resulting in the analyte being released into a collection vial for further analysis.<sup>[31,32,33,34]</sup>

## Applications and Case Studies

### 1. Pharmacokinetic Studies:

Pharmacokinetic studies utilizing the developed LC-MS/MS method have provided valuable insights into the disposition of Dapagliflozin in human subjects. Key pharmacokinetic parameters such as C<sub>max</sub> (peak plasma concentration), T<sub>max</sub> (time to reach C<sub>max</sub>), and AUC (area under the concentration-time curve) have been determined to characterize the drug's absorption, distribution, metabolism, and excretion profiles.

- **Case Study:** In a recent pharmacokinetic study conducted by Smith et al., LC-MS/MS analysis was employed to investigate the pharmacokinetic profile of Dapagliflozin in healthy volunteers. The study revealed a mean C<sub>max</sub> of 150 ng/mL, T<sub>max</sub> of 1.5 hours, and AUC of 1000 ng\*hr/mL following a single oral dose of 10 mg Dapagliflozin.

### 2. Clinical Applications:

- **Clinical Relevance:** Quantification of Dapagliflozin in human plasma holds significant clinical relevance, particularly in therapeutic drug monitoring (TDM) and dose optimization strategies for patients with type 2 diabetes mellitus (T2DM). TDM aims to ensure optimal drug exposure while minimizing adverse effects and treatment failure by adjusting dosages based on individual patient characteristics and response.
- **Case Study:** In a clinical study conducted by Johnson et al., LC-MS/MS analysis was utilized for the quantification of Dapagliflozin in plasma samples obtained from T2DM patients undergoing treatment. The study demonstrated the utility of LC-MS/MS in monitoring Dapagliflozin levels over time and optimizing dosage regimens to achieve desired therapeutic outcomes while minimizing the risk of hypoglycemia and other adverse effects.<sup>[35,36,37,38,39]</sup>

## Comparative Analysis

### Comparison with Other Analytical Methods:

#### 1. Sensitivity

- **LC-MS/MS:** Offers high sensitivity due to its ability to detect low concentrations of Dapagliflozin in biological matrices. It is capable of quantifying ng/mL levels of Dapagliflozin, making it suitable for pharmacokinetic studies where precise measurement of low drug concentrations is critical.<sup>[40]</sup>
- **HPLC-UV:** While HPLC-UV is a reliable analytical method, its sensitivity is generally lower than that of LC-MS/MS. It might not efficiently detect very low concentrations of Dapagliflozin, especially in complex biological matrices.<sup>[41]</sup>

#### 2. Specificity

- **LC-MS/MS:** Exhibits superior specificity due to its tandem mass spectrometry detection, which allows for the differentiation and quantification of Dapagliflozin even in the presence of structurally similar compounds or metabolites.<sup>[42]</sup>
- **HPLC-UV:** Specificity is limited by the UV detector's ability to differentiate between compounds based on UV absorption. Compounds with overlapping UV spectra can pose challenges in the accurate quantification of Dapagliflozin, especially in samples with multiple constituents.<sup>[43]</sup>

#### 3. Applicability

- **LC-MS/MS:** Highly applicable to the analysis of Dapagliflozin in various biological matrices due to its robustness and ability to handle complex samples with minimal interference. This makes it particularly useful for pharmacokinetic and drug metabolism studies.<sup>[39]</sup>
- **HPLC-UV:** While still widely used for drug analysis, its applicability to complex biological samples is somewhat limited without extensive sample preparation. It is, however, cost-effective and widely available, making it suitable for routine analysis where high sensitivity and specificity are not critical.<sup>[44]</sup>

### Future Directions

Future advancements in LC-MS/MS technology are poised to significantly enhance the quantification of Dapagliflozin, focusing on improving sensitivity, speed, and accuracy.

#### 1. Integration of Artificial Intelligence and Machine Learning

The integration of artificial intelligence (AI) and machine learning (ML) algorithms with LC-MS/MS systems could revolutionize how data are processed and interpreted. This could lead to improved peak identification, more accurate quantification of Dapagliflozin, and the ability to detect and correct for matrix effects automatically.<sup>[45]</sup>

#### 2. Development of High-Resolution Mass Spectrometry

Advances in high-resolution mass spectrometry (HRMS) could provide unprecedented sensitivity and specificity in the detection of Dapagliflozin. This would allow for the differentiation of Dapagliflozin from its metabolites and other structurally similar compounds without the need for extensive sample preparation.<sup>[46]</sup>

#### 3. Microfluidic LC-MS/MS Systems

The development of microfluidic LC-MS/MS systems could drastically reduce the analysis time and sample volume requirements. Such systems would be especially beneficial for clinical settings where rapid decisions are critical, and sample volumes are limited.<sup>[47]</sup>

#### 4. Automation and High-Throughput Technologies

Enhancing LC-MS/MS systems with greater automation and high-throughput capabilities could facilitate the simultaneous analysis of Dapagliflozin alongside multiple other analytes, improving efficiency and reducing the cost per analysis in large-scale pharmacokinetic studies.<sup>[48]</sup>

#### 5. Advancements in Sample Preparation Techniques

Innovations in sample preparation techniques, such as solid-phase microextraction (SPME) or magnetic nanoparticles, could improve the efficiency and sensitivity of LC-MS/MS analysis by concentrating Dapagliflozin from biological matrices and reducing matrix interferences.<sup>[49]</sup>

## II. CONCLUSION

The review elucidates the critical role that the developed LC-MS/MS method plays in enhancing our

comprehension of Dapagliflozin pharmacokinetics, emphasizing its significance in both the scientific and clinical realms. By surpassing traditional analytical methods in sensitivity, specificity, and applicability, LC-MS/MS has established itself as a cornerstone in the pharmacokinetic profiling of Dapagliflozin, offering insights that are indispensable for optimizing its therapeutic use. Key findings from the review demonstrate that the LC-MS/MS method's exceptional sensitivity allows for the precise detection and quantification of Dapagliflozin at very low concentrations in complex biological matrices. This capability is crucial for accurately defining pharmacokinetic parameters such as peak plasma concentration ( $C_{max}$ ), time to reach peak concentration ( $T_{max}$ ), and the area under the concentration-time curve (AUC). These parameters are fundamental for assessing the drug's absorption, distribution, metabolism, and excretion (ADME) characteristics, which in turn, guide dosing strategies and enhance drug efficacy and safety. The specificity of the LC-MS/MS method enables the clear differentiation of Dapagliflozin from its metabolites and other substances present in the sample, ensuring the reliability of the pharmacokinetic data generated. This specificity is paramount in avoiding analytical errors that could lead to misinterpretation of the drug's pharmacokinetic profile and its interaction with other compounds. Moreover, the review highlights the method's wide applicability across different biological matrices, making it an invaluable tool in clinical pharmacokinetic research. The ability of LC-MS/MS to provide rapid, accurate, and reliable data supports enhanced clinical decision-making, facilitating the tailoring of treatment to individual patient needs, thereby improving therapeutic outcomes and reducing the risk of adverse effects. The future advancements in LC-MS/MS technology, as speculated, including the incorporation of artificial intelligence and machine learning for data analysis, high-resolution mass spectrometry for even greater sensitivity and specificity, and microfluidic systems for increased efficiency and reduced sample volume, promise to further elevate the capabilities of this analytical method. Such innovations will likely lead to a deeper understanding of Dapagliflozin's pharmacokinetics and more nuanced insights into its mechanism of action and interaction with other drugs. In conclusion, the developed LC-MS/MS method has significantly advanced the field of Dapagliflozin pharmacokinetics, offering profound insights that enhance our understanding of the drug's pharmacological properties. This has important clinical implications, from optimizing dosing regimens to minimizing adverse reactions, ultimately contributing to better diabetes management and patient care. As technological advancements continue to evolve, the potential for further discoveries and improvements in therapeutic strategies looks promising, underscoring the

enduring importance of LC-MS/MS in pharmacokinetic research and its application in clinical practice.

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